



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# YMCA OF CALHOUN COUNTY

PROUDLY PRESENTS

## ANNISTON ORTHOPAEDICS

### SPRING 5K RUN

Anniston Runners Club 2012 Grand Prix Event

Saturday, April 21st 2012 5K Run

**Time:** 5K Race begins at 7:30 am

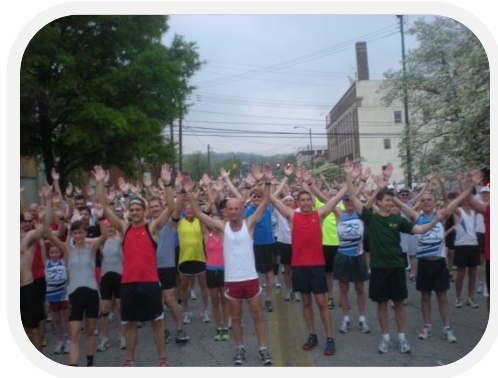
**Place:** YMCA of Calhoun County 29 West 14<sup>th</sup> Street Anniston

**T-shirts:** Technical shirts are guaranteed on race day to first 125 pre-registered runners

**Awards:** 5-K Awards presented to overall top 3-Male /Female; Top 3 in each age group.

**Registration:** 6:30 A.M. at the YMCA of Calhoun County.

**Entry Fees:** \$20 Before April 7th \$25.00 After April 7th



**\$2 Off for ARC-No Runner's Club discounts day of race, must pre-register**

**5K Age Groups: Male and Female:**

11-Under/12-14/15-19/20-24/25-29/30-34/35-39/40-44/45-49/50-54/55-59/60-over

**For more information call 256- 238-YMCA or 832-YMCA**

**In conjunction with the YMCA and Anniston Runners Club.**

**{Mail check to: YMCA of Calhoun County /P.O. Box 1649/Anniston AL. 36202}**

Name \_\_\_\_\_

Address \_\_\_\_\_

City/St/Zip \_\_\_\_\_

Track Club \_\_\_\_\_

Age \_\_\_\_\_ Male/ Female (circle one) Phone Number \_\_\_\_\_

**{Adult: Extra small-- Small--Medium--Large--Extra Large--2 Ex}**

In consideration of you accepting my entry as a participant in the Anniston Orthopaedics Spring 5K Run... I hereby release and discharge all sponsors: YMCA of Calhoun County, Anniston Runners Club, Anniston Orthopaedics and all their agents, officers, and administrators from any and all liability for illness, injuries, and damages arising from my participation in this event. I will additionally permit the free use of my name and pictures in broadcasts, telecasts, ETC... I further intend that my heirs, executors, administrators be bound by the release.

SIGNATURE: \_\_\_\_\_ DATE \_\_\_\_\_

Parents/Guardians must sign for those under 18yrs of age

Date Paid \_\_\_\_\_ Receipt \_\_\_\_\_ CK# \_\_\_\_\_ Staff \_\_\_\_\_

**Mission: To put Christian Principles into practice through program that build health spirit, mind and body for all.**

**Scholarship Assistance:** *The YMCA's policy is to never turn anyone away due to inability to pay the stated fees, when need is demonstrated. Scholarship applications are available at the YMCA. It takes up to two weeks to process applications. Applications received less than two weeks before program start date are not eligible. Scholarships are available from funding by the YMCA's Strong*